



ACTIVITIES



PRESIDENT'S MESSAGE
• Henry Penas

Things are looking up!

Not only are our two bowling groups rolling those balls (both now playing on



Wednesdays, see p 8), and the tennis and walking groups continue to stay active through everything, but now we'll have a sit-down, talk-across-the-table type **dinner!** See page 4.... 🏏

On Sunday, April 4th we had our monthly membership meeting on Zoom. Our guest speaker was Amy Cunningham. She came to speak to us about a program that she is involved with at Washington State University. It is funded by the National Institute of Health and the National Institute of Aging.

The program is design for LGBTQ+ people over the age of 60 who are having difficulties with memory loss and the person who helps them. At least one of the two must be LGBTQ+ to participate.

The program runs for six weeks and includes nine virtual sessions that involve being on a Zoom-like program on a computer, tablet or cell phone. Both the person with the memory difficulties and his (See **PRESIDENT** on page 3)

4
FOOD & DRINK
See what's cookin'!

5
GENTLEMAN OF MONTH
Meet another great Prime Gentleman

7
BIRTHDAYS & ANNIV.
Help these guys celebrate

8
CALENDAR
Things to see and do

PRIME GENTLEMEN




A social club of mature men and those who enjoy their company

To join, go to: FtLPrimeGentlemen.org
and click on: *Membership*

The Surfer

May 2021 Volume 18, Issue 5

Published by
Ft. Lauderdale Prime Gentlemen, Inc.

 PO Box 100666
Fort Lauderdale, FL 33010

 FtLPrimeGentlemen@gmail.com

web FtLPrimeGentlemen.org

STAFF

Editor

Dick Huitema (773) 782-1608
DHuitema@mac.com

Contributors

Doug Kent: Diner & Upscale Lunches,
Events

Ken South: Gentleman of Month

Stew Pepper: Birthdays & Anniversaries

*Please submit all materials to the Editor by the
10th of the month before publication.*

Distributors

Auggie Azzarello: Paper

Henry Penas: Digital

© 2021 by Fort Lauderdale Prime Gentlemen, Inc.

BOARD MEMBERS



PRESIDENT
Henry Penas
(954) 971-6514
HPenas@gmail.com



VICE PRESIDENT
Carl Hill
(954) 557-7794
HillC155@gmail.com



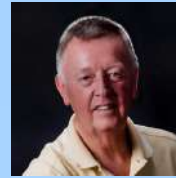
TREASURER
Jim Flora
(646) 208-8092
JamesFlora@aol.com



SECRETARY
Lou Wangberg
954-295-0236
Wangberg@gmail.com



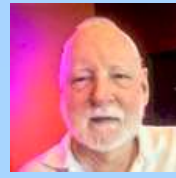
Ron Grassullo
(516) 670-7799
ronsullo@aol.com



Richard Lefebvre
(401) 474-9242
lefebvr@gmail.com



Stew Pepper
(954) 532-5451
flpt@comcast.net



Ken South
(301) 461-4516
southy2222@gmail.com



**TREASURER
EMERITUS**
Mike Trask

(PRESIDENT, from page 1)

caretaker must be present.

The point of the program is to help you learn exercises and strategies related to memory loss. The sessions are designed to support the caregiver as well as the person who is having difficulties with memory.

Amy showed us some testimonials that the program has received. The one that sticks with me is the one where one of the participants said, "Before the program I was unable to put my own socks on and now I can."

You can take a short survey on their website,

<https://ageidea.org/>, or call 888-655-6646 to speak with someone to get more information and find out how they will determine if your memory loss is more than memory issues common with someone your age.

Your commitment is to do the nine sessions over a six-week period, do the exercises between sessions and participate in five phone interviews over a 13-month period to help them determine if you are benefiting from the program. All the exercises are done while seated and are low impact. If you answer the five phone calls you will be given \$25 for each one for a total of \$125. 🇺🇸

Charlie "Bear" Kane August 1, 1936 – March 26, 2021

Fellow member Charlie Kane passed away on March 26 in the hospice care unit at John Knox Village in the presence of his partner Walter Rogal. They have been together for close to 15 years. Charlie had been failing for quite some time.

He attended our monthly membership meetings, dinners, luncheons, various groups, Prime Gentlemen cruises and our Monday mixers.

He could almost always be seen sporting a pair of suspenders. Charlie always had a smile on his face and was a real people person. You may remember him from Sunday Karaoke at Tropics, leading



the audience in a sing-along of Irish tunes! (See page 7 for a photo.)

He joined Prime Gentlemen in June , 2012.

He had a rich and varied life as you can see by reading his July 2015 Man of the Month article in the *Surfer*. You can read it here: www.ftlprimegentlemen.org/Hall%20of%20Fame/Charlie%20Kane.pdf.

There was a wake on Tuesday, April 6 at the Coral Springs Funeral Home.

Keep Walter in your thoughts and prayers during this difficult time.

zoom ROUNDTABLE

See other Zoom events on page 8

Watch your email from Henry Penas for links to these sessions:

Monday, May 10, 2:30 PM

Allen Blaich - Breathing and Meditation: New Applications to Age Old Practices

While breath work and meditation have been around for centuries modern science and psychology have found new uses for ancient techniques. Allen is an amateur meditator with ten years experience and

he's eager to share this important part of his life. His presentation will explore what meditation and breath work are, what they can do for you and how to get started. Be prepared to learn and experience!

Monday, May 24, 2:30 PM

Robert Boo - The Pride Center: Our History, Accomplishments and Goals

Robert is the chief executive officer of The Pride Center at Equality Park. He'll provide a history of the Center, describe some of the Center's major accomplishments and talk about the Center's goals for a post-pandemic future. Robert will be available to answer our questions.

FOOD AND DRINK

ZUCKERELLO'S

3017 E Commercial Blvd,
Fort Lauderdale, FL 33308

Thursday, May 20, 2021

5 - 6 pm: Cocktails (2 for 1 @ bar)
6 pm: Dinner (arrive by 5:40 pm)

Member: \$26

Guest: \$31

(Tax & Tip included)

Starters served with Italian Bread, Garlic Sauce or Butter (choose one):

S1. Pasta e fagioli Soup S2. Minestrone Soup S3. House Salad

Entrees (choose one):

E1. Chicken Zuckereello's - Breast with mushrooms, prosciutto, roasted red peppers & rosemary in Marsala mushroom sauce. Mashed potatoes & fresh vegetables

E2. Chicken Parmesan - Topped with Mozzarella Cheese and Pomodoro Sauce over linguini

E3. Oven Baked Meat Lasagna - Meat Ragout, Cheeses & Pomodoro Sauce

E4. Parmesan Crusted Lemon Sole - White wine & Lemon Butter Sauce, Mashed Potatoes

Desserts (choose one):

D1. Cannoli D2. Chocolate Cake D3. Sugar-free Dessert upon request

Beverages: Coffee, Hot/Iced Tea, Soft Drinks (at table only)

**Wear a mask
except when
seated. Others
will be there**



Fill in your name(s) and THREE choice codes:

Member _____ Codes: _____

Member _____ Codes: _____

Guest _____ Codes: _____

To cancel, call Ed Slough, 754-200-4060, by 5 pm, May 19.

RESERVATIONS CUT-OFF DATE: MAY 15

Write **Zuckereello's** on your check. Send it with this stub to:
Ft Lauderdale Prime Gentlemen,
PO Box 100666, Fort
Lauderdale, FL 33310 or go to:
ftprimegentlemen.org click on
Reservations & pay w/credit card

The Surfer MAY 2021 **4**



GENTLEMAN OF THE MONTH

- Ken South, interviewer

A precious gift arrived 24 hours after Valentine's day in 1945 to a family in Greenwood, SC. Mr. May joined his older sister and later welcomed his two brothers. WWII pushed on to its end in August of that year. But on his birthday, tens of thousands of U.S. Marines



stormed the Japanese-held island of Iwo Jima, while the Allies unleashed a devastating attack on Dresden, Germany. His fellow '45 birthday boys and girls included; Henry Winkler, Goldie Hawn, Bette Midler, Mia Farrow, Davy Jones, Steve Martin and Rod Stewart, though sadly, he never met them!

After his 5th grade year in Greenwood, the family moved to Laurens, SC where he attended Laurens District HS and graduated in 1964. He has fond memories of his HS football team days. Then it was on to the University of South Carolina for a degree in Business and Business Management.

For the next five years he worked at the Parker Davis Co. and then in 1970, he graduated from beauty school and opened the first of many beauty salons in Greenwood, SC. At one point, his business included over twenty stylist salons throughout the area. He became the President of the local Association of Cosmetology and was then recruited by the Governor to become the Chairman of the South Carolina State Board of Cosmetology, a post he held for 12 years.

Over the next four years, he served on the National Interstate Council of State Boards of Cosmetology as president. He guided the publishing of a text book on Cosmetology, Nails and Skin Care, a resource for those seeking to be licensed as a cosmetologist. During this time, he also owned a Furniture Design Center, but by 1995, looking forward to retirement in South Florida, he sold the furniture center, a salon and his SC home.

Actually, from 1995 to 2020 he was a "weekly commuter," living in Ft. Lauderdale during weekends and flying back to SC on Mondays. He dates his final retirement as being in 2021.

Mr. M was married in 1964 and had two children, who have given him two grandchildren and three great grandchildren. The couple divorced in 1981.

(see **MAN** on next page)

(**MAN**, from previous page)

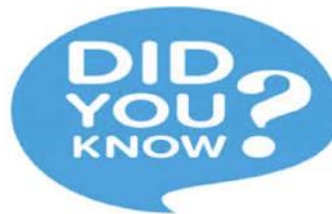
He rejoices that they have stayed a loving family and fully supportive. Mr. M went on to date women even after his divorce, but did not marry again. He met Ken a number of years later in South Carolina and they had a relationship that lasted several years. Later, through a network of friends, he met his current younger partner Matt.

They thoroughly enjoy all that Wilton Manors has to offer.

They remain involved in several community activities including volunteering each year for the SmartRide and many activities in their church. They

were active for many years at Sunshine Cathedral but now worship at the Ft. Lauderdale UCC church. Mr. M describes his current life as “happy as it can be.”

Have you discovered who Mr. May is, yet? Turn to page 7 to confirm it! 🦄



Internet was first called ARPAnet

The Internet was originally called ARPAnet (Advanced Research Projects Agency Network), designed by the US Department of Defense for all military computer networking.

Larry Rowe

June 18, 1941 – March 14, 2021

Fellow member, Larry Rowe passed away on March 14 in Imperial Point Hospital from what is believed to be pneumonia.



Larry had been a member since March 2015.

He attended our Monthly Membership Meeting and was a regular attendee at our Monday Mixers both in person and

on Zoom.

He could be seen at the corner stool at Matty’s holding court every Monday. He had a loud raspy voice and was very gregarious.

Larry was our Man of the Month just this past December. You can read about his life’s accomplishments by clicking this link: <https://www.ftlprimegentlemen.org/Hall%20of%20Fame/Larry%20Rowe.pdf>

Larry was very well known in the community and was often referred to as the “Real Estate King”. He had a bigger than life personality and will long be missed.

MILEPOSTS

BIRTHDAYS

Wayne Oken 5/1
 Phil Walker 5/2
 Jack Wilson 5/2
 William Clements 5/3
 Eugene Bunge 5/4
 Anthony DeFide 5/5
 Carlos Molina 5/5
 Jim Golly 5/6
 Jesse Monteagudo 5/6
 Jaisiri Jaiwatana 5/6
 James Medeiros 5/7
 Denis McDougal 5/7
 Iain MacArthur 5/7
 John Sande 5/10
 Albert Dube 5/10
 Harold Carrow 5/10
 Joe Greenberg 5/11

Everett Rosner 5/13
 Michael Loscalzo 5/13
 Gerald Bausman 5/14
 Clark Powers 5/15
 John Kent 5/15
 Deric Bownds 5/16
 Carlos Gonzalez 5/17
 Stephen Larkin 5/17
 Allan Dewes 5/17
 David Eccleston 5/18
 Alfredo Marchetti 5/18
 Paul McNamara 5/20
 Andrew Cheng 5/22
 David Cingel 5/23
 Raymond Couturier 5/26
 Ken Harrison 5/26
 Arthur Prevete 5/27
 Ray Schlapher 5/30

ANNIVERSARIES

Allan Dewes & Austin Lee
 5/19/1995 26 years
 William Tadros & Bob
 Woodman 5/20/2002 19 yrs



MR MAY
RAY GAMBRELL



"Bear" Kane leading an Irish song at Tropics. RIP

MAY 2021 PRIME GENTLEMEN CALENDAR

SUN	MON	TUE	WED	Thu	FRI	SAT
<p>*LOCATIONS</p> <p>AL = AMF Margate, 2020 N. State Rd 7 33063 BP = Brummer Park, 3500 W Palm Aire Dr 33069 ML = Manor Lanes, 1517 NE 26th St. 33305 SC = Skolnick Center, 800 SW 36th Ave 33069</p>				<p>Zoom = Online meeting at zoom.us. See Henry Penas' email messages for links to sessions.</p>		<p>1 10:00 Tennis (and/or Sun.) @ BP*</p>
<p>2 2:00 General Meeting @ Zoom</p>	<p>3 6:00 Mixer @ Zoom*</p>	<p>4 10:00 Tennis @ BP* 2:00 Trivial Pursuit @Zoom*</p>	<p>5 11:00 Bowling @ ML* 1:00 Bowling @ AL*</p>	<p>6 10:00 Tennis @ BP* 2:00 Collectors @Zoom 7:00 Walking @ SC*</p>	<p>7</p>	<p>8 10:00 Tennis (and/or Sun.) @ BP*</p>
<p>9</p>	<p>10 2:30 Roundtable @ Zoom* 6:00 Mixer @ Zoom*</p>	<p>11 10:00 Tennis @ BP* 2:00 Trivial Pursuit @Zoom*</p>	<p>12 11:00 Bowling @ ML* 1:00 Bowling @ AL*</p>	<p>13 10:00 Tennis @ BP* 7:00 Walking @ SC*</p>	<p>14 2:00 History @ Zoom*</p>	<p>15 10:00 Tennis (and/or Sun.) @ BP*</p>
<p>16</p>	<p>17 6:00 Mixer @ Zoom*</p>	<p>18 10:00 Tennis @ BP* 2:00 Trivial Pursuit @Zoom* 4:00 Board Mtg @Zoom*</p>	<p>19 11:00 Bowling @ ML* 1:00 Bowling @ AL*</p>	<p>20 10:00 Tennis @ BP* 2:00 Collectors @Zoom 7:00 Walking @ SC*</p>	<p>21</p>	<p>22 10:00 Tennis (and/or Sun.) @ BP*</p>
<p>23</p>	<p>24 2:30 Roundtable @ Zoom* 6:00 Mixer @ Zoom*</p>	<p>25 10:00 Tennis @ BP* 2:00 Trivial Pursuit @Zoom*</p>	<p>26 11:00 Bowling @ ML* 1:00 Bowling @ AL*</p>	<p>27 10:00 Tennis @ BP* 7:00 Walking @ SC*</p>	<p>28 2:00 History @ Zoom*</p>	<p>29 10:00 Tennis (and/or Sun.) @ BP*</p>
<p>30</p>	<p>31 6:00 Mixer @ Zoom*</p>	